

GET KIDS TO LISTEN

WITHOUT NAGGING, REMINDING OR YELLING



My Top 3 Behavior Challenges

1. _____.
2. _____.
3. _____.

WHY DO KIDS *REALLY MISBEHAVE?*

Behavior is not _____.

Kids have a hard-wired need for _____ and _____.



If kids don't experience attention and power in age-appropriate, positive ways, they'll resort to negative behaviors to get it.

POWER DEFINED:

- _____
- Autonomy
- _____ over my own world

Human beings are born with _____.

Whether or not to "behave" is always their _____.

NOTES:



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NOTES:

PUNISHMENT ≠ DISCIPLINE



Punishment: causes the child to experience:
(A Positive Discipline definition)

- _____
- Shame
- _____

With blame, shame and pain punishment, we set up an environment that almost guarantees kids will _____.

“Where did we ever get the crazy idea that in order to make children DO BETTER, first we have to make them FEEL WORSE?”

—JANE NELSEN, ED.D.



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THE 5 R'S OF CONSEQUENCES

WITHOUT THE 5 R'S, IT FEELS LIKE PUNISHMENT.

R:

R:

R:

R:

R:

*Adapted from Jane Nelsen, EdD
and H. Stephen Glenn, PhD*



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SCRIPT FOR REVEALING CONSEQUENCES:

1. STATE THE _____

2. STATE THE _____

3. REVEAL THE _____

4. ASK THE CHILD TO _____

WHAT YOU'LL LEARN...

SESSION 1:

- PARENT PERSONALITY ASSESSMENT
- How YOU CONTRIBUTE to misbehavior
- Single MOST IMPORTANT TOOL in the toolbox

SESSION 2:

- Tools to give kids POSITIVE POWER
- Why REWARDS don't work and what to do instead
- The inside scoop on ALLOWANCE

SESSION 3:

- Tools for the most challenging POWER STRUGGLES
- How to guarantee CHORES get completed
- How to master morning, after school, and bedtime ROUTINES without any fuss
- A comprehensive guide to implementing CONSEQUENCES

SESSION 4:

- More IN-THE-MOMENT TOOLS for power struggles
- How to fill bottomless ATTENTION buckets
- Strategies for BACK TALK, badgering and negotiating
- How to deal with REVENGE BEHAVIOR

SESSION 5:

- Tools to reduce SIBLING RIVALRY
- How you unknowingly escalate COMPETITION and what to do about it
- Why you shouldn't be a referee when FIGHTING gets physical
- Effective CONFLICT RESOLUTION tools for all ages
- Strategies for LITTLE KID FIGHTS

SESSION 6:

- The most effective tool for family PROBLEM SOLVING
- How to increase EMPATHY in your home
- Tools for building your kids' LEADERSHIP capabilities
- FAMILY NEGOTIATION strategies

SESSION 7:

- How to AVOID THE BACKSLIDE into old habits
- Strategies for LONG-TERM PARENTING SUCCESS



ADVANCED TRAINING

- Get Your Partner on Same Parenting Page
- Bedtime Battles
- Chore Wars
- Potty Training 101
- Sibling Rivalry
- Technology Battles
- Morning Dawdling
- The Summer Contract
- Homework Hassles
- Tweens & Teens
- Mealtime Battles
- Ending the Entitlement Epidemic
- ABCs of Allowance
- 3 R's of Back to School Success
- ADHD 101
- Anxiety
- Bedwetting and Potty Accidents
- Bullying
- Sibling Bullying
- Divorce & Parenting
- Helping Your Struggling Student
- Talking to Kids About Sex (in a way that reflects your family values)
- *We're always adding new sessions!*



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4 EASY STEPS TO ENROLL:

1. Email: worklife@ventura.org
2. Submit "Employee Agreement Form"
3. You will receive coupon code and registration link
4. Enroll and get immediate access!

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ABOUT *Amy McCreedy*

Q&A WITH AMY MCCREEDY:

Amy McCreedy is a “recovering yeller” and the Founder of Positive Parenting Solutions. Amy is a regular parenting contributor on The TODAY Show and has appeared on Rachael Ray, CBS This Morning, CNN, Fox & Friends, MSNBC, Steve Harvey and elsewhere. In her most important role, she plays mom to two amazing young men.

THE VISION:

You won’t remember the last time you raised your voice. We’ll help you make that vision a reality.

QUESTIONS:

worklife@ventura.org



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